



While Away

from
Hawaii

Visiting the mainland? Have a dependent student out-of-state?

We offer a mainland provider network and a concierge service for global emergency assistance.



uhahealth.com

**UnitedHealthcare
Options PPO Network**

1 (800) 458-4600

(808) 532-4000

8:00AM – 4:00PM HST

Monday – Friday

Assist America

1 (800) 872-1414 INSIDE USA

+1 (609) 986-1234 OUTSIDE USA
(global collect call)

While Away From Hawaii

You May Need Care

We hope you enjoy traveling to the mainland and around the world. While traveling away from home, please know that UHA's healthcare network is within the state of Hawaii only. For travel emergencies and other situations that meet UHA guidelines for mainland care, UHA works with the UnitedHealthcare Options PPO Network.

UnitedHealthcare Options PPO Network

1 (800) 458-4600 (HST)

(808) 532-4000 (HST)

You have access to medical providers across the mainland with the **UnitedHealthcare Options PPO Network**.

Visit: uhahealth.com/mainlandnetwork

Visiting the Mainland

- Emergency medical care when traveling on the mainland for non-medical reasons

Living or Working on the Mainland

- Dependent children less than 26 years of age and attending school or living on the mainland
- Covered through COBRA and living on the mainland
- If you have two addresses, UHA will only recognize the Hawaii address which provides coverage in the plan's service area

Assist America Global Emergency Assistance Services

1 (800) 872-1414 Inside USA

+1 (609) 986-1234 Outside USA (global collect call)

Global Emergency Assistance Services program from Assist America immediately connects you to doctors, hospitals, pharmacies, and other services if you experience a medical emergency while traveling 100 or more miles away from your permanent residence or in another country.

Assist America Reference Number: 01-AA-UHA-01183

UHA does not guarantee availability of UnitedHealthcare providers in all areas.*
For extended travel, you may want to purchase travel insurance.

*Insurance coverage is provided by UHA Health Insurance. The administrative services are provided by United HealthCare Services, Inc.