



PERSONAL SUPPORT FOR A SMOOTH & HEALTHY PREGNANCY

The Allegiance Maternity Management Program offers assistance and support for members who are pregnant at no additional cost. The program provides you with ongoing one-on-one care and expertise throughout your pregnancy.

When you sign up, your personal maternity nurse will be available to share education and resources to ensure a healthy and low-stress pregnancy. And after baby is born, your nurse will continue to be a resource for you during those crucial first few weeks as a new mother.

Every woman's pregnancy, delivery, and postpartum needs and challenges are different. With the Maternity Management Program, you can feel secure knowing we're with you every step of the way.

This program is available at no cost to you for employees and enrolled spouses - in fact, your employer has set up a bonus for participating! 1st or 2nd Trimester

If you register within the first trimester of your pregnancy, you will receive a **\$25 gift card and \$250 co-pay waiver** upon completion of the program.

To participate, you must:

- Register as early in your pregnancy as possible
- Check in with your nurse regularly throughout your pregnancy
- Complete the Post Pregnancy Assessment

Sign up online by completing the enrollment form at secure.askallegiance.com/MaternityManagement



For more information, questions, or to enroll by phone,
call the Allegiance Care Management Nurse at 877-792-7827 Ext. 1.