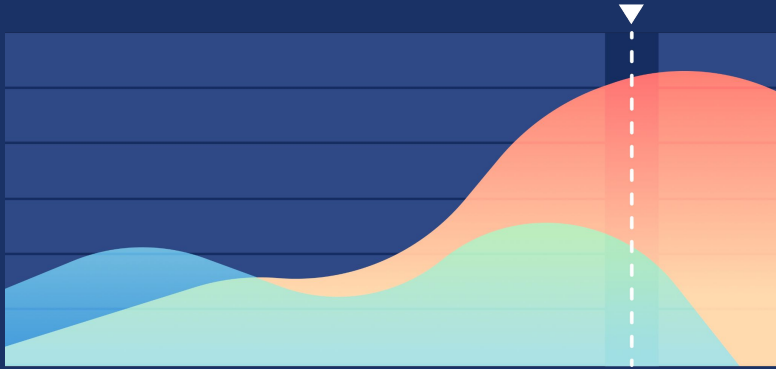


# We are experts in treating a range of conditions

Brightside specializes in treating adults ages 18 and older; 13 and older in AR, AZ, CO, DE, FL, GA, IA, IN, MI, MO, NC, TX, UT expanding to all states over the next six months



- Generalized Anxiety Disorder
- Major Depressive Disorder
- Active suicidal ideation including a recent suicide attempt in past 12 months
- Follow-up care after hospitalization
- Panic Disorder
- Phobia
- Social Anxiety Disorder
- Obsessive-Compulsive Disorder
- Post-Traumatic Stress Disorder
- Seasonal Affective Disorder
- Postpartum Depression
- Premenstrual Dysphoric Disorder
- Insomnia
- Bipolar
- Comorbid Alcohol Use\*

82%

of our patients start with moderate to **severe symptoms**

71%

of our patients start with **three or more conditions**

47%

of our patients start with **suicidal ideation**

## Conditions that may not be appropriate for remote care:

- Bipolar Disorder with symptoms of mania
- Substance abuse as a primary diagnosis (coming soon)
- Medically unstable eating disorders
- Schizophrenia or any symptoms of psychosis
- For those with dementia or cognitive decline:
  - Anyone prescribed antipsychotics for behavioral disturbance
  - Hospitalization for Dementia with Behavioral Disturbance
  - History of violence against self or caregivers
  - Inability to communicate verbally

**\*Brightside Health providers do not prescribe controlled substances**